Quarterly NEWSLETTER



HELLENIC RED CROSS



WHEREVER THERE'S A NEED

Message from the President of the HRC

The Hellenic Red Cross, the oldest and largest Humanitarian and Voluntary Organization in Greece, founded in 1877, has always acted in support of the Greek State, both in dealing with emergencies (natural disasters, refugee/migration, pandemic, etc.) and in addressing long-standing social issues, actively demonstrating how closely intertwined it is with our nation's history. With the support of its 86 active Regional Branches throughout the country, it implements daily programs and actions for the benefit of Greek society, with contribution towards all social groups as its guide and compass. At the same time, with a strong sense of responsibility, it ensures the advancement of International Humanitarian Law, the principles of the Movement and of Humanitarian Values, passionately contributing to the strengthening of human rights in Greece.

Our primary goal and concern is the HRC's sustainability and its credibility on both the domestic and the international stage. The major challenge is to be able to prove to the world, to Greek society, that we are worthy successors and deserving heirs to the great legacy of our thousands of volunteers, who, through their example and contribution, have become synonymous with support, solidarity and altruism. It is particularly difficult to implement this challenge, as it requires volunteers who must be absolutely loyal to the fundamental principles of the movement and are constantly governed by a spirit of collectivity, solidarity and self-discipline, which will make them inspire society to believe in the Hellenic Red Cross. We



have developed a new strategy with innovative, high-quality initiatives and actions, which are based on a dynamic, virtuous practice, that is also based on a wide range of activities for the benefit of the community. As a unifying institution, we also wish to support the work of the State, the Greek State, aligning ourselves with the International Federation of Red Cross and Red Crescent Societies. We want to create amodern, social, innovative, transparent and solidarity-based HRC, that will become a safe haven and custodian for society.

Best Regards to all Red Crossers,

The President of the HRC

Dr. Amtomios Argerimos

Pharmasist, Major General (Retired)









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The Samaritan-Rescuer volunteers of the Hellenic Red Cross in the front line of the battle against the flames at Penteli. Anthousa. Gerakas. Pallini and Drafi

From the outset of the great equipment and vehicles, in the preventive evacuation. fire that broke out in Penteli, consultation with the Civil Proteams of Samaritan-Rescuer tection and the Fire Service. volunteers from the Athens placed themselves on the side Branch of the Hellenic Red Cross rushed to frontline of the battle against the flames. At the same time, HRC resoffering their valuable ser- cue vehicles continuously pavices both to the extinguish- trolled the fire-stricken zones, ing operations and to the in order to locate new fires care of residents, who were and residents who had not yet forced to leave their homes left their homes and needed as a precautionary measure. help moving to safety, while

HRC volunteers, with rescue been trapped in houses during

of fire-fighters who were attempting to extinguish the fire. also searching and releasing The specially trained teams of domestic animals that had

Hellenic Red Cross First Aid Station

The volunteers of the HRC immediately established a First Aid Station, in order to offer all kinds of assistance to residents and fire-fighters who were experiencing respiratory problems due to the dense smoke, or had suffered burns from the constant battle against the flames.

Account opened and financial aid gathered for fire victims

The Hellenic Red Cross, with the valuable support of the Antenna Group, has opened a bank account for the fire victims of the stricken areas, as well as for the domestic animals that were left without shelter, with the aim of raising the largest possible sum. The response of the public was moving, as a substantial amount was raised, which will be made directly available to the victims.

Battling the flames on the fiery front of Crete

The Hellenic Red Cross was actively involved in the areat battle with the flames on the fiery front of Crete, utilizing all its forces to assist the citizens and the state services, as they attempted to extinguish the major fire that destroyed everything in its path.

HRC volunteers provided a remarkable and commendable contribution to the residents of the village of Melampes, which was surrounded by flames before it could be evacuated. Nevertheless. the Samaritan-Rescuer volunteers managed to reach the residents and offer them First Aid and relief goods.

In fact, the Deputy Regional Governor of Rethymno, Ms. Maria Lioni, publicly thanked the HRC volunteers through the Hellenic Broadcasting Corporation (ERT) for their overall contribution in the battle against the fiery front of Crete.







The HRC firmly on the side of the civilians of Ukraine

During July-September 2022, war, actively assisting in dealthe Hellenic Red Cross suc-3 humanitarian missions in Ukrainians reside, reaching a 140 tons of humanitarian aid (long self-life food, bottled

ing with the protracted hucessfully completed another manitarian crisis in the region.

support of Ukrainian civilians. It should be noted that the one of which was destined for HRC's mission departed on neighbouring Moldova, where July 27 with the humanitarian a large number of displaced aid (40 tons), collected following the call by the Deputy Mintotal of 9 missions since the istry of Sports to the country's outbreak of hostilities. The sports family. The humanitarian aid was gathered at various GGA-supervised sports water, electric generators, facilities throughout are and antiseptic supplies, etc.) that was then sent for packagthe HRCdispatched during ing at the Main Warehouse this period have already been of the HRC in Athens. The made available to those af- material was subsequently fected by the devastating transported by HRC vehicles

to Chernivtsi, Ukraine, where the Main Warehouse of the Ukrainian Red Cross is located.

Meanwhile, the HRC Mobile Health Unit, staffed by professional Nurses and . Samaritan-Rescuer teers, has remained in Siret (Ukrainian-Romanian der) since the onset of the hostilities, offering Primary Health Care to displaced Úkrainians and earning the recognition of both the local authorities and the International Federation of Red Cross and Red Crescent Societies.





The Hellenic Red Cross supports vulnerable social groups in the midst of a heat wave

The Hellenic Red Cross mobilized its professional and volunteer workforce (22/7) throughout the summer, in order to provide support and relief to the homeless, other citizens and tourists affected by the particularly high temperatures. The actions took place in the areas of Thiseio and Syntagma Square.

During these actions. HRC teams, staffed with social workers, nurses and volunteers from all three (3) Corps of the HRC (Social Welfare, Health & Samaritan-Rescuers and Lifequards), distributed essential supplies (bottled water, soft drinks, direct social assistance parcels for the homeless population) to the homeless, oth-

er citizens and tourists affected by the high temperatures. At the same time, First Aid and Mental Health First Aid were also offered, along with information on the air-conditioned temporary accommodation areas made available by the local government.

HRC volunteers play a key role in the EKO **Rally Acropolis 2022**

The Hellenic Red Cross, with 4-day race. A total 210 of Saits experienced and specialized Samaritan-Rescuer participated in the Health volunteers and its logistical and Rescue Coverage from equipment, was instrumental 12 different Regional Branchin the successful conduct of es of the Hellenic Red Cross, this year's EKO Rally Acropolis. utilizing 22 rescue & health-Specifically, HRC volunteers care vehicles, rescue cutters provided full Health and Res- and line rescue equipment. cue Coverage at all stages of the EKO Rally Acropolis, in Demonstrating a strong sense Attica, Peloponnese and Cen- of responsibility, cooperation tral Greece, from the start of and professionalism, the volthe route and the impressive unteers of the HRCreceived special stage at the Olym- the praises of the organizers pic Stadium (OAKA) (8/9) to (FIA, O.M.A.E., Deputy Ministhe big finish line in Lamia try of Sports) of the EKO Ral-(11/9). They managed to in- ly Acropolis. In fact, both the and unwavering contribution tervenequickly and effective- Deputy Minister of Sports, Mr. ly in dozens of emergencies LefterisAvgenakis, and the

maritan-Rescuer volunteers

that occurred throughout the e-Safety observer of the In-

ternational Automobile Federation. CemBoneval. stated that they were impressed by the excellent organization and response of the volunteers of the HRC during the 15 particularly demanding special routes of the famous «Rally of the Gods».

The President of the Hellenic Red Cross. Dr Antonios Avgerinos, was invited to open the super special stage at the Olympic Stadium (8/9), as a small token of the State's appreciation for the immense of the HRC and its tireless volunteers to Greek society.







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The stylish Booth of the HRC draws all eyes at the 86th Thessaloniki International Fair

86thThessaloniki International Fair officially opened on Sunday, September 11, 2022, at the presence of the President of the HRC, Dr. Antonios Avgerinos, drawing a large number of visitors and sending a strong message of social contribution and solidarity in every direction.

The opening ceremony was honoured by the presence of numerous representatives from the Greek State and

The HRC's Booth at the Political Leadership. They all congratulated the President of the HRC, Dr. Antonios Avgerinos, for the Organization's multifaceted humanitarian action, as well as the regenerative and steadily rising course that the Hellenic Red Cross has charted in recent years, with a new innovative, social, modern, effective, transparent and solidarity-based profile.

> It should be noted that the Prime Minister of Greece. Mr. Kyriakos Mitsotakis, the Min-

ister of Health, Mr. Thanos Plevris, the Minister for Climate Crisis and Civil Protection, Mr. Christos Stylianides, the Minister of Rural Development and Food, Mr. Georgios Georgantas, the Deputy Minister to the Prime Minister and Government Representative, Mr. Giannis Economou and the Chief of the Hellenic Police. Mr. Konstantinos Skoumas, visited the stylish and impressive booth of the HRC.



The Deputy Minister of Sports, Mr. Lefteris Avgenakis honours the President of the Hellenic Red Cross at a special event in Heraklion

At a glamorous event held Mr. Lefteris Avgenakis honat the Karteros Beach Sports oured the President of the Hel-Center, in Heraklion, Crete lenic Red Cross, Dr. Antonios on Sunday (17/7), entitled Avgerinos, as a small token of «Sports, from dream to recognition for the Organizaachievement», the Deputy tion's vast humanitarian effort Minister of Culture & Sports, and its continuous and suc-

cessful cooperation with the Deputy Ministry of Sports. The President of the HRC attended the event, accompanied by the Secretary General of the HRC, Mr. Georgios Skoumas.



Super League honours the President of the HRC

At the Superleague's glamorous event for the draw of the new football championship, the President of the Hellenic his speech, the President of Red Cross, Dr. Antonios Av- the HRC pointed out that the gerinos was awarded for the Hellenic Red Cross will con-Organization's immense hu- tinue to support Greek sports manitarian work offered to Greek society on a daily basis and the continuous support it its specialized volunteers, provides to all sporting events while also implementing a throughout the country.

of the Hellenic Red Cross re-

ceived the Corporate Social Responsibility Award by the Greek Super League. During with all its resources, providing Primary Health Care with series of actions aimed at strengthening sportsmanship In particular, the President and volunteering in Greece.





The Hellenic Red Cross firmly on the side of visitors at the Acropolis archaeological site

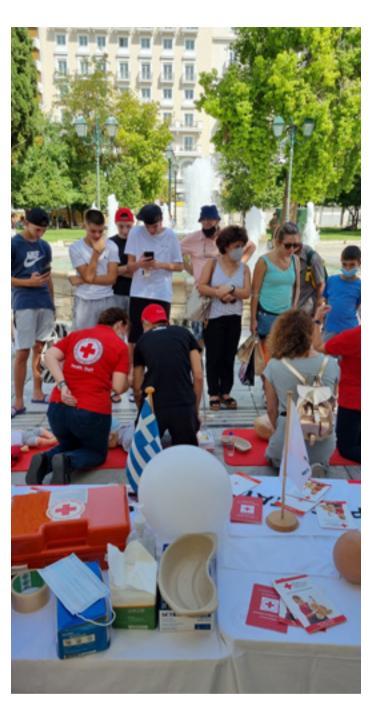
The Hellenic Red Cross, with its specialized staff and Health & Samaritan-Rescuer services at the archaeological site of the Acropolis every single day, immediately and effectively dealing with hundreds of emergencies which arise, as tourists flock by the thousands to admire the historic monument. Indicative of the HRC's huge contribution is the fact that, during June-

volunteers and staff of the certified Volunteers of the HRC successfully addressed 318 emergencies (upper and & Lifeguard Sectors, offers its lower limb injuries, contusions, sprains, etc.).

It should be noted that the the HRC, noting, inter alia, that commendable contribution of the Hellenic Red Cross to the Acropolis archaeological site, where it has been providing Primary Health Coverage since 2019, when the Memorandum of Cooperation with the August 2022, according to the Ministry of Culture was signed,

official incident records, the is reflected in the thank-you letter sent by the Minister of Culture, Lina Mendoni, to the President of the HRC, Dr. Antonios Avgerinos. The Minister praised the work of the volunteers and the staff of their outstanding presence allows visitors to safely enjoy their visit, knowing that there are experienced rescue workers of the HRC ready to intervene at any moment, in any emergency.







The Hellenic Red Cross honours the World First Aid Day by organizing a major action at Syntagma Square

The Hellenic Red Cross, as part of the celebration for the World First Aid Day (10/9), held a major action at Syntagma Square on Saturday, 10 September 2022, with the aim of promoting the importance of first aid knowledge among adults and children.

The instructors of the Health of the action was to highlight Education Service of the Hellenic Red Cross Health Sector visited Syntagma Square, where they offered first aid demonstrations to passers-by, distributed emergency preparedness instructions and informational material. The goal

the importance and necessity of First Aid knowledge, as its proper use can save livesand avert injuries that might otherwise lead to permanent disabilities.

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The Hellenic Red Cross sends a resounding message for the prevention and treatment of drowning in Greece

On Thursday, July 21, 2022, of Patras also attended the At the end of the workshop. the Hellenic Red Cross event. (HRC) successfully held its Authority and the Metropolis Lifequard.

informational workshop at The workshop was held as the Astir Hotel in Patras with part of the World Drowning the support of the Region Prevention Day (25/7). During of Western Greece, for the the workshop, distinguished prevention and treatment speakers presented measures of drowning in Greece. The for the prevention and President of the HRC, Dr. treatment of drowning, Antonios Avgerinos, the placing particular emphasis Deputy Regional Governor on high-risk groups, such as of Western Greece, Mr. children and the elderly, while Charalampos Bonanos and also highlighting the actions representatives of the Port and work of the Hellenic

the President of the HRC delivered honorary plagues to the Director of the Lifequard School of the Hellenic Red Cross, Ms. Eleni Soultanaki, for her substantial contribution to the advancement and development of the Hellenic Red Cross Lifequard School, and to Professor Vassilis Alexopoulos for his immense. timeless contribution to the sensitive field of healthcare.



Students who excelled at the Panhellenic Competitions of the HRC are awarded at a glamorous ceremony held at the Zappeion Megaron

The awarding ceremony was held at the packed Peristyle of the Zappeion Megaron (2/7), for students who participated in the three Panhellenic youth competitions organized by the Youth Sector of the Hellenic Red Cross (HRC), sending a message of hope the Secretary General, Mr. for healthy youth in all directions. Attending the numerous representatives event, as representative of the President of the Greek Government, was the Minister of Labour and Social Affairs. Mr. Kostis Hatzidakis, the

Makri, the Deputy Minister of Migration and Asylum, Ms. Sofia Voultepsi, the Secretary General for Social Solidarity and Fight against Poverty, Mr. George Stamatis, the President of the HRC, Dr. Antonios Avgerinos and Georgios Skoumas, along with of the State and the Political Leadership of the country.

The Hellenic Red Cross gave primary and secondary school Deputy Minister of Education students the opportunity to and Religious Affairs, Ms. Zeta engage in creative activities

and to test their abilities (essay writina. paintina. model building), while also learning about the supreme values of humanitarianism, volunteering, solidarity and fair play. In addition to the awarding ceremony, the audience enjoyed songs by the HRC Youth Musical Ensemble, along with a wonderful performance by Eva Tsachra. The entrance to the Zappeion Megaron also held an exhibition of paintings and models that the children created using recvcled materials.







Paralympian Panos Triantafyllou supports the Hellenic Red Cross in attracting new volunteers

The top Greek athlete and two-time Paralympian, Panos Triantafyllou, on his own initiative, starred in a TV spot created by the HRC, aiming al material with various acto attract new volunteers who tions of the HRC, highlighting will immediately strengthen the substantial contribution of

Organization on a daily basis, in order to respond to society's constant challenges. The message includes audio-visuthe huge effort made by the its volunteers in dealing with

emergencies (fires, floods, earthquakes, wars, etc.), as well as the continuous support it provides to all vulnerable social groups throughout Greece.



The volunteers of the Hellenic Red Cross honour gold medallist Lefteris Petrounias

A team of volunteers from the Hellenic Red Cross welcomed Lefteris Petrounias at the Athens International Airport «El. Venizelos» (22/8), as he returned from Munich and the Sector at the airport, offering European Artistic Gymnastics him a bouquet and a congrat-

gold medal in his luggage.

The volunteers welcomed the top Greek athlete and "messenger" of the HRC Youth Championship, carrying the ulatory letter from HRC Presi-

dent, Dr. Antonios Avgerinos, for the huge honour he has given to Greece, winning his sixth gold medal in a European Championship.



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